DISDATCH

Vol. 43, No. 20 437th Airlift Wing, Charleston AFB, SC Friday, May 21, 2004

AIR SHOW

CAFB welcomes visitors for day of fun

See supplement

TRIBUTE

Security forces, local police hold retreat



Page 6

YEE-HAW!

Charleston linemen take it down to the wire

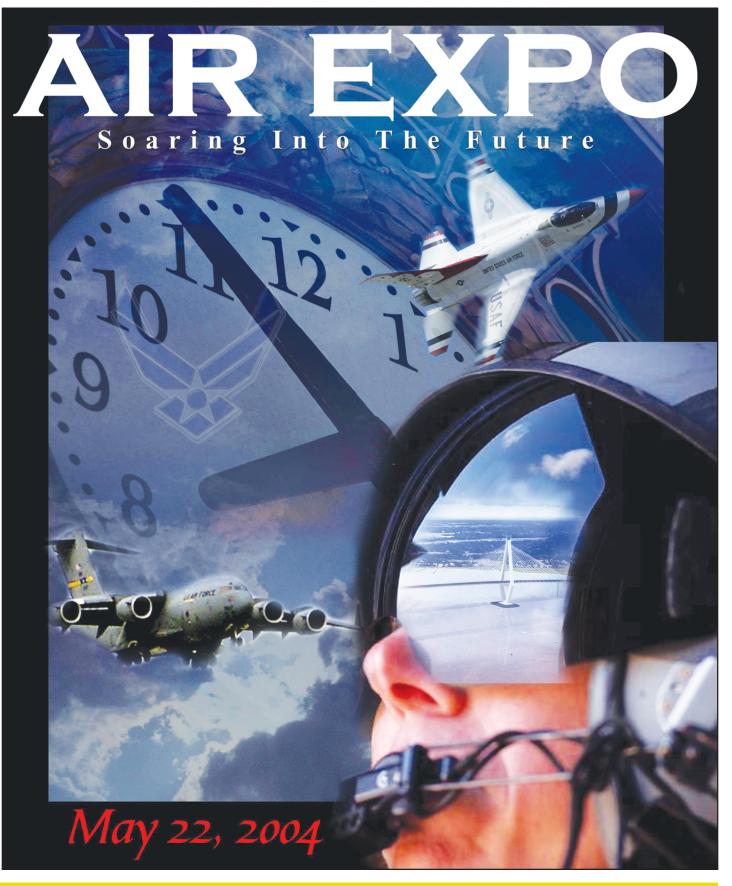
Page 17

BASKETBALL

DOD basketball tourney approaches

Page 20







Air Expo 2004

Team Charleston looks forward to hosting a big crowd at Air Expo 2004 Saturday, and I look forward to seeing many of Team Charleston's members out there to host our community guests. We have an absolutely spectacular line-up of acts and a wide variety of static display aircraft. Check out the air show supplement included in this issue of the *Airlift Dispatch*, and use it as your guide to fun for Saturday's events.

If you attend the Air Expo, I encourage you to wear your uniform so your pride clearly shows as you interact with members of the public; however, uniform wear is not mandatory unless designated by your unit. No matter what you choose to wear, I know you will represent the Air Force and Team Charleston well. Keep an eye out for safety and security concerns of any kind, and be ready to help out where you see a need.

If you live on base, please plan to walk or ride a base shuttle to Saturday's events to leave plenty of parking space for those driving from off base. A shuttle map is on Page 13.

As a special thank you to the families of Team Charleston, you are invited out to the flightline from noon to 3 p.m. today for a sneak preview of some of the display aircraft and flying acts. Be sure to bring sunscreen and water so you can safely enjoy the show.

Commander's calls

I appreciate the good turnout for my civilian and enlisted commander's calls this week. Thank you for bringing your questions and concerns. We will follow up with printed responses to some of the remaining questions in future editions of the *Airlift Dispatch*. I look forward to a similarly productive session with the officers today at 10 a.m. in the Education Center.

Fun Run record

We did it! Nearly 650 people attended last week's Asian-Pacific-themed fun run, shattering our 500-participant record. If you were at last week's run, bring your friends to the next fun run, scheduled for 7:30 a.m. June 4, and we will set a new record.

Coming up

Team Charleston is honored to host the **2004 Men's Armed Forces Basketball Championship**, which pits the Air Force team against the



Photo by Airman 1st Class Jason Baile

Col. Brooks Bash, 437th Airlift Wing commander, presents the Spirit Trophy to the Airman Leadership School during Friday's Hawiian-themed Commander's Fun Run. More than 600 people completed the 5K.

basketball stars from our sister services. Come out and cheer on your fellow Airmen as they take the court next week. See page 20 or stop by the Fitness and Sports Center for schedule information.

The base pool opens for the season at 11 a.m. May 28, kicking off the summer with an **Asian Pacific American Heritage Month luau**. Stop in for food and fun. With renovations to the bathrooms and locker rooms to complement last year's upgrade to the pool area itself, our base pool offers superb family fun and fitness options this summer. Enjoy this benefit of your service!

Wing Training Day

I have designated May 28 as a training day for the 437th Airlift Wing. A number of facilities will have limited hours, and a majority of base offices will be closed. I encourage commanders and supervisors to give troops time off and offer civilians liberal leave that day. For those who must work, supervisors are encouraged to offer compensatory time off as the schedule allows.

I appreciate your hard work and sacrifices; take this well-earned break in conjunction with Memorial Day weekend, and enjoy some leisure time. As we go into the summer, also plan to take the leave you have earned, particularly if you are in a use-or-lose situation. Above all, whether you are working or relaxing, do so safely as we approach the 101 critical days of summer. Be safe out there!

Action Line caller addresses Space-Available flight information

Q: I would like to take my family to Germany in early June on a space available flight. The AMC Web site says there are two flights out of Atlanta, and three to four out of Charleston every week. Can I get the projected schedule of days of the week and approximate times flights depart Atlanta and Charleston?

A: Thank you for your question on the availability of Space-A flight information. Based on AMC instructions and operational security and force protection measures, we can only release certain flight information for Charleston AFB via telephone, recorder, e-mail, fax, or mail up to one month in advance. We can provide the number of scheduled departures by destination and expected seats available without providing specific dates. Any of this information is subject to change based on mission needs. An example of the information you may be provided would be: "We usually have 3

flights leaving for Germany on a weekly basis."

If you appear in person at the passenger terminal counter with your military identification, we can release additional flight information. More than 72 hours from flight departure, we may provide you with the date, passenger show time, destinations and expected seat release, subject to change according to mission needs. If you appear in person with your military identification 72 hours or less prior to departure time, we will release all available flight information in the passenger terminal.

We have also begun posting Space-A flight information on the base commander's access channel (Channel 2), and on the Globemaster Web site.

You may sign up for Space-A travel via phone, fax, e-mail, mail or in person. Charleston's Space-A fax number is 963-3060 or DSN 673-3060, and our e-mail address is spacea@charleston.af.mil.

Remember, your sign-up is only valid for one

specific point of embarkation. Therefore, if you are signed up at Charleston, but wish to fly out of Atlanta, you must sign up separately in Atlanta.

To get Atlanta's Space-A flight information, call (678) 655-3094 or DSN 625-3094. They are staffed 8 a.m. to 4:30 p.m. daily. Their fax number is (404) 464-4256 or DSN 367-4256.

Please feel free to contact the Charleston AFB Passenger Terminal at 963-7005 to receive immediate assistance with any questions on Space-A travel. Thank you for your inquiry.

> - Col. Brooks Bash 437AW commander

First, give the appropriate base agency a chance to solve the problem, but if you don't get a satisfactory answer, call me at **963-5581**, or send an e-mail to **action@ charleston.af.mil**.

Fit to Fight: setting the example from the top-down

By Jason Ham

437 MDG fitness program manager

Starting Jan. 21, commanders, first sergeants and many chief master sergeants laced up their running shoes to be the first Team Charleston Airmen to take the new Air Force Fitness Test.

Led by Col. Wayne Schatz, former 437th Airlift Wing vice commander, leaders set out to demonstrate the Air Force Chief of Staff's vision stated in his October 2003 sight picture.

"Commanders, supervisors, and front-line leaders must lead the way — through unit physical training, personal involvement and, most important, by example," said Gen. John Jumper, U.S. Air Force chief of staff.

Leading from the top has served a tremendous purpose with the implementation of the Fit to Fight initiative.

"Leadership is what leadership does: getting people to do what they otherwise might not do," said Lt. Col. Robert Blue, 437th Comptroller Squadron commander. "If you're not willing to get fit, that in itself *is* leadership—unfortunately it is negative leadership."

Fit to fight is not just about a new fitness test, it's about changing our culture and ensuring the Airmen of Charleston AFB are ready for anything.

It is essential for unit commanders and

worth repeating

"Fit to fight is not just about a new fitness test, it's about changing our culture and ensuring the Airmen of CAFB are ready for anything."



Jason Ham

437th Medical Group fitness program manager

leaders to embrace health and fitness in order for officers and enlisted troops to understand the way we do business.

"If there is a standard, it should be set by those who lead," said Master Sgt. Wesley Prillaman, 437th Services Squadron first sergeant. "And if they cannot set or meet the standard, then maybe they should not lead."

Airmen are more willing to get into shape and make healthier lifestyle choices when they know their leadership is actively providing time and support. It helps even more when troops see their commanders out there with them. This task has not been an easy for some commanders.

Many unit commanders have not seen operations tempo relief since 9/11. Commanders

have come up with ways to assist their people to get physically fit during duty hours by implementing "mini gyms" in their units for convenience.

"We've added weight equipment and cardio machines to all of our squadron's buildings," said 2nd Lt. Renee Zimmerman, 437th Aircraft Maintenance Squadron section commander. "This addition enables our more than 800 maintainers the opportunity to work out, reach their fitness goals and be Fit to Fight while operating on a demanding, 24 hour, 7-day-a-week schedule."

Others have provided a support structure to their troops to let them know their leadership cares about their health.

1st Lt. Brian West, 437th Maintenance Squadron physical training leader, developed a fitness contract, which encourages members to set attainable goals. This contract is signed by the member, supervisor, first sergeant and commander.

"A fitness improvement contract establishes short term goals that are not too difficult to reach and provides buy-in from all parties to help the member achieve success," said Lieutenant West.

Leaders should take the time to let their Airmen and peers know they support their efforts. This should be accomplished not only by word of mouth, but through all commanders' daily actions.

Secretary, chief send Armed Forces Day message

Dr. James RocheSecretary of the Air Force and **Gen. John Jumper**Air Force Chief of Staff

Since 1949, America has paid tribute to its men and women in uniform by celebrating Armed Forces Day on the third Saturday in May. Grateful Americans in every state will hold parades and fly Old Glory to honor those who have worn the uniform either as

a Soldier, Sailor, Airman or Marine.

It is indeed an important time to be a member of our nation's Armed Forces and especially to be an Airman. America needs your service today as much as, if not more than, any other time in our country's history. America's security is a global issue as we continue the fight in the war on terrorism. Our country needs your steadfast devotion to protect-

ing the freedoms we enjoy.

Today, we serve a grateful nation. From shore to shore, Americans are proud of your professional competence, combat capabilities and unwavering courage to defend our country. They have seen firsthand your efforts in the mountains of Afghanistan and the skies over Iraq and your steadfastness in protecting our homeland. They have reveled with us in your triumphs

and cried with us when we lose brothers and sisters in battle.

You represent the pride and patriotism of the United States. You are the standard for sacrifice, devotion and bravery. We are proud to serve with you. On this Armed Forces Day, let's remember those who came before us and those who made the ultimate sacrifice for our freedom. May God bless all of you and our great nation.

Dispatch

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Airlift Wing Public Affairs Office, Bldg. 1600, Rm. 224. Phone: (843) 963-5608, Fax: (843) 963-5604 Mail to: 437 AW PAI, 102 East Hill Blvd. Charleston AFB, SC 29404-5154 E-mail to: airlift.dispatch@charleston.af.mil

Editorial staff

437 AW Commander: Col. Brooks Bash
Chief, Public Affairs: Maj. Linda Pepin
Airlift Dispatch Editor: 2nd Lt. Bryan Lewis
Staff writers: 1st Lt. Shaloma McGovern
& Tech. Sgt. Mark Kleber
Photo/graphic support provided by
437th Communications Squadron
Visual Information

National Police Week

Retreat

The 437th Security Forces Police Departments attended the Squadron and six other local police and sheriff's departments held a retreat May 14 at the base flagpole in honor of law enforcement officers who made the ultimate sacrifice and to demonstrate appreciation for all who currently serve.

Dorchester County and Charleston County Sheriff's Offices along with Charleston, Moncks Corner, Mount Pleasant, and Summerville

retreat in recognition of National Police Week.

May 15 was designated as Officers' Memorial Day, and the week in which it fell as National Police Week by President John Kennedy in 1962. Thirty-two years later, President Bill Clinton signed a law stating the United States flag will be displayed at half-staff on all government buildings May 15 each year.



Above: Members of **Dorchester County Sheriff's** office fire a 21-gun salute during the retreat May 14. DCSO is just one of the six local law enforcement offices that participated in the event.

Right: Airman 1st Class Adam Gaither, 437th Security Forces Squadron, tolls the bell for fellow policeman who gave their lives in the line of duty. The tradition began with fire departments and is a way of showing respect to those who were lost.





Left: Senior Airman Joseph Taylor, 437th Security Forces Squadron, folds the U.S. flag at a retreat May 14 in recognition of law enforcement officers who made the ultimate sacrifice.

Below: 437 SFS members lower the flag during the ceremony.





APS answers 'Call to Haul' during Haiti deployment

By 1st Lt. Rob Goza

Combined Joint Task Force-Haiti Public Affairs

The instant the C-141 stops taxiing at its designated spot on the runway, members of Team CHarleston's 84th Aerial Port Reserve Squadron rapidly off-load its cargo with practiced precision, and immediately on-load material for the return flight. In a matter of minutes, without ever shutting down its engines, the cargo plane is airborne again.

"You Call, We Haul – Anytime, Anywhere" are the words Airmen from the 84th APS from Greenville, S.C. live by as the unit is responsible for the airlift missions that keeps U.S. and multinational forces supplied.

The geographically-separated Reserve unit was activated in January and assigned to Charleston for aerial port operations then deployed to Haiti three months later to work the airlift mission for Operation Secure Tomorrow.

"As soon as the plane hits the deck and the door comes open, we attack it, handle business safely, efficiently and get it out of here. No shutting the engines down. We just slam it and go, and then we come back and wait for our next plane," said Senior Airman Alex Henson, deployed from the 437th Aerial Port Squadron.

The successful airlift sorties completed by the Airmen deployed to Port-au-Prince International Airport, Haiti, ensure the forces conducting Operation Secure Tomorrow are able to accomplish the mission of bringing security and stability to the troubled island nation.

"Moving the groceries is what I like to call it," Airman Henson said.

"It's a complicated process to get from the ground to the aircraft," said Master Sgt. Michael Powell, 84 APS load crew supervisor and ramp coordinator. "We do every step, just like a strategic port would. We'll actually joint inspect the cargo, and weigh it.

"When the mission comes in, everything's ready to go. All we do is load the cargo on the aircraft and tie it down," said Sergeant Powell. "To make this mission work, it takes a lot of motivated, highly-trained, skilled personnel. It's a real fast-paced operation."

The aerial porters said the Haitian people are generally happy to see the U.S. forces.

"As I was looking out the back of the Humvee, it was sort of like you're watching a movie with all the kids going by on the street," said Airman Henson. "Everyone would give a thumbs-up or a peace sign and everyone was real friendly. I'm just very proud to be here supporting the mission and helping the Haitian people out."

The oppressive Haitian heat has not slowed the pace of operations or prevented the Airmen from making the tent city liveable.

"As soon as we hit the deck it was pretty hot, but we really adapted to life here," said Airman Henson. "We pulled together an 18-man team, came in, pretty much just took over the port and camp, got it up and running and got comfy."

"These guys know how to travel," said Capt. Phillip Gilliland, 84 APS commander. "It didn't take long to settle in. I wouldn't have brought anybody different from this gang. These guys are a crack team. They're the best out there."

Traffic accidents, check fraud top SF blotter

The following are some of the responses by 437th Security Forces Squadron from May 10 through Sunday and are printed to raise awareness of resource protection and safety. Anyone with information regarding these, or any other incidents, call security forces at 963-3600.

Vehicle accidents

- A civilian driver damaged his truck when he hit the star barrier while exiting the Rivers Avenue gate.
- A civilian driver backed his vehicle into an oncoming Airman's vehicle at the base exchange parking lot. The civilian was cited for inattentive backing.
- A government vehicle was damaged when an Airman misjudged the angle of the turn needed to exit

the Transportation compound. The driver was cited for inattentive driving.

- An Airman damaged his vehicle when he backed into a light pole at the Golf Pro Shop. He was cited for inattentive driving.
- An Airman failed to stop his vehicle for security forces' blue lights near Arthur Drive extension and Midland Park Road. The vehicle turned onto Midland Park and crashed into the wood line. The driver was cited for driving while ability-impaired. The accident is pending further investigation.

Traffic

■ Security forces cited 21 drivers for speeding, eight for failure to stop at a posted stop sign or traffic light, one for failure to yield to a pedestrian, one for loud music in a vehicle and

one for an unauthorized right turn.

- Security forces stopped a civilian on Arthur Drive extension for failure to maintain a lane of traffic. Charleston County Sheriff's Office responded and apprehended the driver for driving under the influence and open container. The driver was issued a fine of \$232 for an open container, and the fine for DUI will be determined at the court hearing.
- Security forces stopped a civilian on Arthur Drive extension for failure to stop. A license check revealed the driver had a suspended license. CCSO responded and issued the driver a \$648 summons for Driving Under Suspension and scheduled a court date. The driver's base driving privileges were suspended.
- n Security forces stopped a civilian for speeding on Arthur Drive extension and a license check revealed the driver's license was suspended. CCSO responded and the driver was issued a summons of \$440 for driving under suspension and scheduled a court date. The driver's base driving privileges were suspended.
- Security forces stopped a civilian for speeding on Arthur Drive extension. CCSO responded, issued the driver a \$200 summons for careless operation of a motor ve-

hicle, and scheduled a court date.

■ Security forces reported a suspicious vehicle parked in the woods along Arthur Drive extension. An investigation revealed the civilian driver was not the vehicle's owner and had fraudulent immigration cards. The individual was ordered to depart the installation, and the vehicle was towed.

Crime Watch

- An Airman was arrested for fraudulent checks and transported to the Dorchester County Detention Center where he was detained for a bond hearing.
- A pole at the clinic loading dock was reported damaged.
- A juvenile family member was detained for shoplifting trading cards from the base exchange. The subject was released to her sponsor.
- Two civilians who were selling magazines in a base dormitory were apprehended and escorted off the base.
- Security forces found a bike near the Lambs School gate and took it to Security Forces Control Center for safekeeping.
- Security forces stopped a civilian walking on Arthur Drive extension. The civilian threatened Security Forces, and CCSO responded and issued a no trespass order.

DUI/DWI Statistics)

Last incident: 20 days

2004 total: 8 2003 total: 18

Members receiving a Driving Under the Influence or must report to the wing commander the following duty day in full service dress accompanied by their supervisor, first sergeant and squadron commander.

AADD
AIRMEN AGAINST DRUNK DRIVING
963-0437

43 saves this year

Charleston AFB's Airmen Against Drunk Driving offers free, confidential rides home.

Powell confident U.S. "Stays on Course"

WASHINGTON - Secretary of State Colin Powell said he is confident the United States will stay on course in Iraq.

Powell stressed there is still a need for the United States to remain. "They (Iraqis) need our financial support, they need the reconstruction effort that is under way, and frankly they need the U.S. armed forces and other coalition forces that are present to help create and environment of security and stability," he said.

The secretary said Defense Secretary Donald Rumsfeld and U.S. Central Command head Army Gen. John Abizaid have already pushed plans to stabilize U.S. forces in Iraq at a higher level than previously planned.

Powell said force stabilization will offer the country needed security while it establishes its new government. In addition, the United States has much rebuilding to complete, "so we are not going to walk away," he noted.

Powell pointed out that over the past several weeks more than 11 Iraqi ministries have stood up. And he noted U.S. occupation will end and the Coalition Provisional Authority will cease its work "when this Iraqi interim government is established."

Powell also said if Iraqis choose an Islamic theocracy form of government similar to that in Iran, the United States will have to accept the Iraqis' decision. However, he noted, "most Iraqis understand that to live together in peace as a single nation they have to have government that understands the role of a majority, but respects the role of minorities within a country." (Armed Forces News)

Personnel Center changes phones

RANDOLPH AFB, Texas - Offices at the Air Force Personnel Center converted to a new telephone system started last Monday.

Although the switch to the new telephone system should be transparent, customers encountering

problems can call the Air Force Service. Contact Center at (800) 616-3775, DSN 665-5000 or commercially at nel is expanding its programming (210) 565-5000. (Air Force Print with several new shows. "Around the News)

DOD officials expand **Pentagon Channel**

WASHINGTON – The Pentagon Channel, the Defense Department's news and information television include top-of-the-hournews updates, source, officially expanded its service May 14 with a live broadcast news magazine programs from each from Andrews AFB, Md.

previously existed as an informathe world. (Air Force Print News) tion channel within the Pentagon, is now distributed 24 hours a day, seven days a week, to all military installations in the United States mands stand up in Iraq via domestic satellite. It is also seen overseas through the Ameri-

Besides 24-hour service, the chan-Services" features news from each branch of the military. "Studio Five" showcases conversations with DOD leaders on a variety of topics, and "Focus on the Force" highlights military missions such as those in Iraq and Afghanistan.

The channel's programming will broadcasts of the flagship television of the services, and DOD news brief-The Pentagon Channel, which ings from the Pentagon and around

Two new military com-

WASHINGTON - Two new milican Forces Radio and Television tary commands stood up in Iraq on Saturday, replacing the previous coalition military organization. Multinational Corps Iraq and Multinational Force Iraq replaced Combined Joint Task Force 7.

Coalition military spokesman Army Brig. Gen. Mark Kimmitt at a Baghdad news conference said the change addresses a concern that a combined joint task force headquarters was not sufficient to handle the military workload in Iraq efficiently.

"It's certainly more than a formality," he said. "It is trying to get the proper command structure for the days, weeks and months e a d Meanwhile, Multinational Force Iraq will focus on more strategic aspects of the military presence in Iraq, such as talking with Sheiks and political leaders, and on training, General Kimmitt said. (Air Force Print News)



Operation Reachout

Local Iraqi farmers take members of the 407th Expeditionary Security Forces to their farm during a visit outside the Tallil AB perimeter in support of Operation Reachout. SFS Members visit these families on a weekly basis to see how they are doing, provide meal ready to eat water and candy for the children.

Spotlight

Family Day: The 437th Airlift Wing hosts Family Day for Charleston AFB personnel and their families noon to 3 p.m. today at the north parking ramp. Parking is available off of Graves Ave. Families are encouraged to bring their own blankets or lawn chairs, sunscreen and water.

Around the base

Traveling exhibit: A day in the life of the United States Armed Forces Nation Tribute Tour will be showcased in the display hangar Saturday during Air Expo 2004.

Ribbon- cutting: The First Term Airmen Center will host a ribboncutting ceremony of their new building 1 p.m. Wednesday in Building 246. For more information, call Tech Sgt. Joelle Jones at 963-6182.

Luau: The Asian American Pacific Islander Heritage month hosts a luau 11 a.m. to 1 p.m. Thursday at the base pool and includes a raffle up to \$100. For more information, or to sign up, call 1st Lt. Cliff Bermodes at 963-5160.

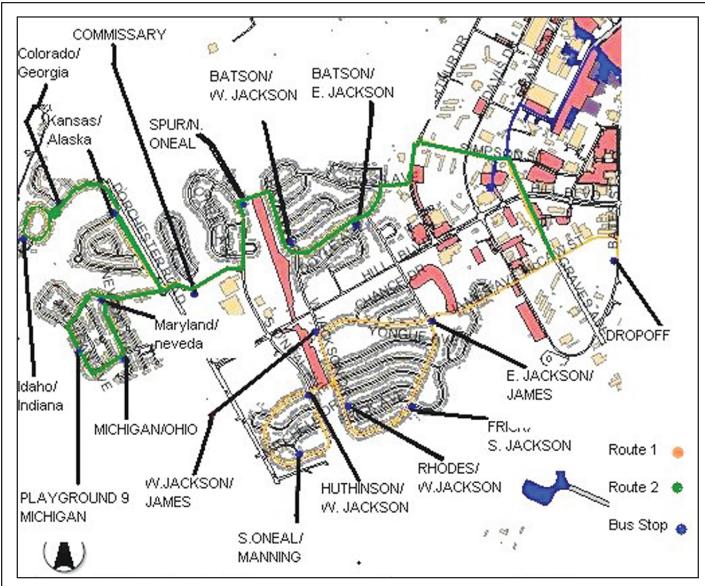
Golf tourney: The Operations Group hosts a tournament 9 a.m. Thursday at the Wescott Plantation Golf Club. There is a \$45 entry fee which includes registration, green fees and lunch. There are 15 slots available. For more information, call Ted Beaver at 963-5607.

Case lot sale: The Commissary host its annual case lot sale 10 a.m. to 6 p.m. Thursday through Saturday in the Commissary parking lot.

Clinic closure: The 437th Medical Group will be closed May 28. Charleston AFB Tricare Prime patients with an emergency are instructed to call 911. For the on-call provider for non-emergencies, call the Charleston AFB Clinic at 963-6880.

Commissary closed: The Commissary will be closed May 31 in observance of Memorial Day.

CAFB Motorcylce Club: The Charleston AFB motorcycle club host the next meeting 1 p.m. June 1 in Building 264. For more information, call Capt. Julie Jacobs at 963-



Air Expo shuttle routes

Buses from the 437th Logistics Readiness Squadron will be providing transportation throughout the base to the flightline for the Air Expo tomorrow. Base residents are encouraged to use the shuttles, which run every 10 minutes.

6977.

Education briefing: The Education Office hosts its monthly commissioning briefing 9 a.m. June 2 at the Education Center. For more information, or to make reservations no later than Wednesday, call customer service at 963-4575.

Steakout: The Top 3 hosts its annual steakout 11 a.m. to 1 p.m. June 4 at the picnic grounds. Tickets are \$7 and can be purchased through squadron representatives. for more information, call Master Sgt. Paul DeGroot at 963-7403.

Charleston Battery: The Charleston Battery invites all military personnel and their families to celebrate Military

Appreciation Night 8 p.m. June 4 at Blackbaud Stadium, Daniel Island. The game is free with a military ID and a voucher which can be picked up at Outdoor Recreation Center, 437th Airlift Wing Public Affairs and 315th Public Affairs.

Eagle Eyes tip: Always keep an eagle eye out for suspicious behaviors such as elicitation -- anyone or any organization attempting to gain information by mail, fax, telephone or in person about military operations or people.

CAFB Mileage Club: Sign up today for the Fitness Mileage Club and track your fitness participation on the Cooper's E-Log Program. Earn fitness incentive prizes after reaching 300, 600, 900 and 1,200 point goals. For more information, call 963-3347.

437 AW training day schedule:

All base agencies will close Friday May 28 except the following, which are open as follows:

- ■Fitness & Sports Center: 7 a.m. 6
- ■Education Center: Schools open until 3 p.m., minimum manning until 4 p.m.
- Charleston Club: Open at 4 p.m. (Friday Membership Night)
- CDC: Will survey parents and provide care accordingly
- Dining Facility, Flight Kitchen, Lodging, Golf, Bowling, Aero Club, Youth Center, Skill Center: Normal hours of operation
- Liberal leave for civilians: May remain at work, use annual leave, compensation time, credit hours, time off or leave without pay.

Lineman's

By 2nd Lt. Bryan Lewis 437 AW Public Affairs

Forty-foot wooden poles, conductors, hard hats and gaffs. These are not items usually associated with a rodeo, but for four Team Charleston exterior electricians, this is the stuff rodeos are made of.

Staff Sergeants Jeffrey Prish, Scott Schwede, and James Whitfield and Senior Airman Ryan Schilling, 437th Civil Engineer Squadron, joined together to place second overall behind the 375th Civil Engineer Squadron from Scott AFB, Ill., in the Second Annual Air Force Lineman's Rodeo at Sheppard

AFB, Texas, May 13 to May 15.

"I am really proud of these guys," said Lt. Col. Kyle Hicks, 437th Civil Engineer Squadron commander. "They practiced for six weeks and built their own

training site exceptionally well. Team Charleston will definitely be represented at the rodeo again next year."

This was the first time Team Charleston has participated in the Lineman's Rodeo, a competitive event for electric utility line workers promoting networking, team building, job knowledge and safety. The rodeo is unique in that it does not allow the use of aerial buckets. Instead, participants use gaffs, or hooks, to

climb poles.

"At first it's hard to believe that this little three inch metal spike can hold your body weight with only about onequarter of an inch of it stuck into the pole," said Sergeant Whitfield.

"Learning to trust your equipment is always a challenge when working above ground level. Climbing on hooks

One of the intentions of the of working on poles from hooks.

"Climbing poles seems to be a cially in the Air Force," said Seris getting accomplished with bucket opportunities to utilize the 'old ways'

The rodeo is not the only place the



Staff Sergeants Scott Schwede and James Whitfield, 437th Civil Engineering Squadron exterior electricians, practice their climbing skills 40-feet up to prepare for the Lineman's Rodeo. Their team placed 2nd overall in the competition.

> egg before he or she reaches the ground. Additionally, each event is treated as if the lines are energized at 12,470 or 4,160 volts, requiring participants to use rubber gloves.

Charleston's team finished 1st in the egg climb and 2nd in the hurt man rescue and transformer change.

"We are very proud of finishing 2nd overall," said Airman Schilling. "All our hard work helped us beat six other teams in our first year. I can't wait to go back next year."



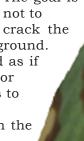
is no different."

Lineman's Rodeo is to honor the art

diminishing art these days, espegeant Whitfield. "More and more trucks which leaves fewer of using hooks."

team put their climbing to use. "The first thing we needed a training yard with 'expendwas poles to climb," said Serable' Whitfield. "We chose an geant Hunley Park near the area in old abandoned softball fields. We did about 90 percent of ing yard construcour trainhooks and that tion on has probably paid off more than anything."

Other events at the rodeo included a hurt man rescue, transformer change out and a 40-foot egg which a competitor to the top of the pole with an egg in a bucket and climbs back down with it in his mouth. The goal is not to



Graphic by 2nd Lt. Bryan Lewis

Senior Airman Ryan Schilling, 437th Civil Engineer Squadron Exterior Electric Shop NCOIC, pulls a ground line leading to his teammates, Staff Sergeants Scott Schwede and James Whitfield, 437 CES exterior electricians, as they practice for the 2nd Annual Lineman's Rodeo May 13 to 15.

climb in

climbs



First sergeant stresses E-2 through **E-4** more than just position

By Master Sgt. Rob Frank

1 CTCS first sergeant

Promotion to airman, airman first class and senior airman are not just given for showing up to work.

Each rank has specific requirements before any enlisted person may advance to the next grade.

A fellow first sergeant of mine noted recently when he spoke at a promotion ceremony, "A promotion is not automatic, it's deserved!" We all understand most of the prerequisites focus on how long a person has been in the service, or a particular grade. But we must not lose sight of the tremendous responsibility our first-line supervisors will execute in recommending or not recommending their troops for promotion considering job performance, on and off-duty conduct and potential. The endorsement will reverberate through the chain to the commander, who must decide whether or not to promote the member. However, we must not only look at past performance, but also future potential, as our young Airmen will be expected to fulfill greater responsibilities.

While our members progress through the ranks, they will perform larger roles. These

folks are preparing for future leadership possibilities, some right around the corner. Upon promotion to airman first class, Airmen are mastering their skills and continuing to learn and conform to rules, standards, customs and courtesies. My associate described airman first class as the first rank in which Airmen are "role models" in the Air Force, and leadership traits are starting to come out while holding this position.

The rank of senior airman is the pinnacle of the Airmen tier. Senior Airmen have a huge responsibility ahead of them. They are developing conventional leadership skills fostered by the Airman Leadership School and other formal and informal leaders. Any airman, airman first class and senior airman has the power to inspire others. Formally recognizing our Airmen bolsters this attitude and defines the importance of our promotion ceremony.

It is vital for us to distinguish significant events in our careers, but promotions are special, especially for the Airman tier. Each step has an increase in responsibility over the previous. Promotion to E-2 through E-4 confirms to everyone in the supervisory chain who has 100 percent confidence in the Airmen's potential.

WELLNESS TIP



The percentage of runners who experience injuries each year



The increase in running injuries reported by AMC Physical Therapy since the start of the new Air Force fitness program

To decrease your chance of injury ...

- Invest in well-fitting/shock-absorbing running shoes
- Warm up before/cool down after (e.g., walking)
- Gradually increase frequency and duration

Posture pointers ...

- ▶ Keep your head level, avoid bouncing and lean forward slightly from the ankles, not the waist
- ▶ Keep your shoulders down and relaxed
- Strike the ground heel first, roll to the ball of the foot and push off from the toes
- Do you have pain when running? "Take a break to recuperate!"

SOURCE: AMC Command Surgeon Office

InfoGraphic by Tech. Sgt. Mark Diamond

Chapel schedule



107 Arthur Drive Office: Monday-Friday, 9 a.m. -4:30 p.m.

Phone: 963-2536.

After duty hours, call the command post at 963-2531 for emergencies only.

Catholic Services: Saturday - 4:15 p.m. Reconciliation, 5 p.m. Mass. Sunday - 9:30 a.m. Mass, 9:30 a.m. Children's Church. Sacrament of Baptism pre-baptismal classes are held the first Sunday of each month at 11 a.m. in the Chapel Annex. Daily Mass is from 11:30 a.m. Tuesdays through Fridays.

Protestant Services: Sunday - 9:30 a.m. Sunday School, Bldg. 245, 11 a.m. Traditional Worship Service and 11 a.m. Children's Church. Sunday - 5 p.m. Contemporary Worship Service. Wednesday - noon Protestant Bible Study.

For information on other faith groups, call the Base Chapel at 963-2536.

Movie schedule

Admission: 99 cents for adults and children. Any person under 17 years of age requires a parent or adult guardian (a minimum of 21 years old) to purchase an admission ticket for the minor to view R-rated movies. The ticket office opens 30 minutes prior to the start of the movie, unless otherwise noted.

Movie schedules are provided by AAFES.



Patrons should call 963-3333 to verify movie titles, running times and start times, which are subject to change.

Today, 7:30 p.m. "The Whole Ten Yards" - Bruce Willis

A former hitman, Jimmy, gets revisited by his old neighbor, Oz, who begs for Jimmy's help in rescuing his wife from the Hungarian mob. (PG-13) 97 minutes

Saturday, 7:30 p.m. "The Alamo" - Billy Bob Thornton

In the spring of 1836 nearly 200 Texans -- men of all races who believed in the future of Texas -- held the fort for 13 days under siege by General Antonio Lopez de Santa Anna, ruler of Mexico. Led by three men, the Texans and their deeds at the Alamo would pass into history as General Sam Houston's rallying cry for Texas' independence. (PG-13) 137 minutes

May 28, 7:30 p.m. "Walking Tall" - Dwayne Johnson

After returning from serving his country overseas, Chris finds his school rival, Jay, has infested his hometown with drugs and crime. With the help of his pal, Ray, Chris gets elected sheriff and shuts down Jay's operation. (PG-13) 85 minutes

AF aims for gold in tourney

By Tech. Sgt. Mark Kleber 437 AW Public Affairs

With home-court advantage and its strongest team in four years, the Air Force hopes to win the gold medal in the 2004 Men's Armed Forces Basketball Championship taking place Wednesday through May 31 at Charleston AFB.

The double round-robin tournament will be played at the Sports and Fitness Center's Hurricane Court.

Army and Navy collide at 11 a.m. May 26 followed by the Marines against the Air Force at 1 p.m. The best win/loss record will determine the winner, and ties will be broken using the tiebreaker rules.

"The Air Force crowd is like a sixth man for us," said Mark Watley, Air Force head coach, who played on the gold medal Air Force squad in 2000 at Charleston. "There is an urgency to play harder at an Air Force base."

Coach Watley said having the All-Air Force Basketball Training Camp at Charleston concluding Sunday should be an advantage.

'We are familiar with the gym, the rims, the lighting. This has been home for about three weeks, and shooters tend to do better on their home court."

We are more experienced than 2003 and have three guys (forward) Ed Simpson, (guard) Tyrone Wilson and (forward) Troy Miles who played for the 2000 team,"

said Coach Watley. "We have more depth and can go 10-12 players deep. The athletes this year have the ability to play an uptempo offensive style and also apply lots of pressure on defense.

"The presence of 6-foot-8-inch shot blocker Bernard James should help our defense." Coach Watley said the 2004 squad features bigger and stronger rebounders.

advantages, the Air Force team will be

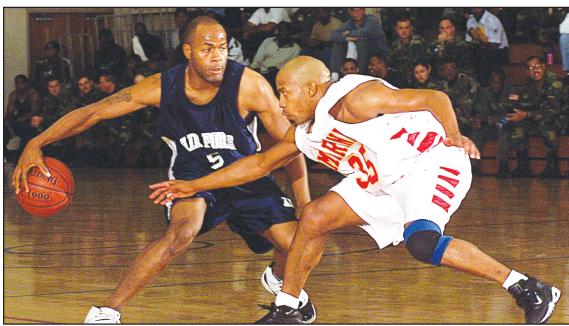
hard pressed to capture the crown against the defending champion Marines and the perennially tough Army team which finished second last year after winning the 2001 and 2002 titles.

The Army, Navy and Marine Corps teams arrive Monday. The teams practice Tuesday, and the opening ceremonies will be held from 9:30 to 10:30 a.m. Wednes-

This tournament, usually held in the fall, is held in May this year to comply with the Armed Forces sports directives to attend the International Military Sports Council 46th World Military Basketball Championship in June, according to Eddie Goad, project officer for the tournament in Charles-

Mr. Goad said the world championship will be held June 17 to 28 in Croatia.

Mr. Goad said it's a honor to host the men's armed forces basketball tournament for the third time. Charleston hosted the tournament in 1998 and 2000.



Even with these Air Force guard Tyrone Wilson outmaneuvers Marine Corps guard Billy Shanks during the Armed Force Tournament championship game here in 2000.

Armed Forces Tournament Schedule Wednesday, May 26

11 a.m. Navy (visitors) vs. Army (home) 1 p.m. Marines (visitors) vs. Air Force (home)

Thursday, May 27

11 a.m. Army (visitors) vs. Marines (home) 1 p.m. Air Force (visitors) vs. Navy (home)

Friday, May 28

11 a.m. Air Force (visitors) vs. Army (home) 1 p.m. Marines (visitors) vs. Air Force (home)

Saturday, May 29

11 a.m. Air Force (visitors) vs. Marines (home) 1 p.m. Army (visitors) vs. Navy (home)

Sunday, May 30

1 p.m. Navy (visitors) vs. Air Force (home) 3 p.m Marines (visitors) vs. Army (home)

Monday, May 31

11 a.m. Navy (visitors) vs. Marines (home) 1 p.m. Army (visitors) vs. Air Force (home)

All games will be played at the Fitness and Sports Center Hurricane Court

Sports Shorts

Intramural Softball: Games are held at the base softball fields every Monday through Thursday 5:30 to 7:30 p.m. At press time, AMXS1, APS, MOS/373TRS and NNPTC are all tied for first with three wins and zero losses.

Intramural Soccer: The regular season ended Thursday with MDG leading at press time. The top eight teams play in the tournament June 1.

Intramural Sports: There will be no intramural softball games May 24-27 due to the 2004 Men's Armed Forces Basketball Tournament at the Fitness and SPorts Center Hurricane Court.

Spring Into Fitness: The fourth annual Spring Into Fitness Health and Wellness Center Challenge runs through May 30. Fourperson teams must exercise at least 180 minutes per week to complete the event. For more information, call the HAWC at 963-4007.

May Fitness: The Fitness and Sports Center hosts the following events throughout the month from 11 a.m.-1 p.m.

Monday, home run derby; Tuesday, 3-on-3 volleyball; Wednesday, push-ups and sit-ups; Thursday, 3-on -3 basketball.

Sports & Fitness



Photo by 1st Lt. Shaloma McGovern

Family run

Team Charleston families participated in the American Kids and New Family Run Saturday. The Fitness and Sports Center hosted the event in conjunction with the Youth Center to celebrate its 19th year as the largest children's running event at military bases worldwide. More than 80 children and their families participated in this event.